

Dr. Manal Eldegeir

MBBS, MSc Child Health, MRCPCH, MSc Allergy, CESR

Dhahran, Eastern Province, Saudi Arabia | almanjil@gmail.com | +966 530016471

Professional Summary

Accomplished Pediatrician with extensive experience in general pediatrics and pediatric allergy. Renowned for delivering and expanding pediatric allergy services. Over a decade of experience in providing patient-focused care with a strong emphasis on performance excellence and international exposure to diverse healthcare systems.

Core Competencies

- Patient Care
- Pediatric Allergy
- Evidence-Based Practice
- Clinical Diagnosis
- Research and Analysis
- Teaching and Mentoring
- Team Collaboration

Languages

- Arabic (Native)
- English (Fluent)
- Spanish (Basic)

Medical Memberships

- European Allergy and Immunology Association
- Royal College of Pediatrics and Child Health
- Saudi Thoracic Society
- British Allergy and Immunology Association

Professional Experience

Al Maliki Hospital, Bahrain (Dec 2023 - Present)

General Pediatric and Pediatric Allergy Consultant

- Provide comprehensive general pediatric and allergy services with innovative approaches and evidence-based practices.

Johns Hopkins Aramco Healthcare (Mar 2020 - Dec 2023)

Consultant Pediatrician (Locum)

- Involved in the early life intervention project to enhance patient access to pediatric clinics, focusing on the critical first 1000 days of life.

National Guard Hospital, Dammam, Eastern Province (January 2014 - January 2022)

Consultant Pediatrician and pediatric Allergy

- Delivered both inpatient and outpatient general pediatric and pediatric allergy services. And General Pediatrics
- Established allergy clinic, including diagnostic allergy service clinics alongside multidisciplinary teams, such as ENT, Gastroenterology, Pulmonology, and Dermatology.
- Built and led inpatient food allergy and drug allergy diagnosis severe individualized eczema protocol and trained nurses in service provision.
- Project created an Allergy Diagnostic service (in-/out-patient) - the Eastern Province's only comprehensive allergy service.
- Improved quality of care provided to asthmatic children, having pioneered a mandatory five-year electronic pathway.
- Trained asthma educators in the delivery of comprehensive care,

including quality-of-life assessments and school visits.

Ealing Hospital, London, UK

Consultant (General Pediatrics and Allergy)

June 2011 - July 2012

Provided expert care in general pediatrics and allergy. Participated in multidisciplinary team meetings and contributed to patient care plans.

Early Career Summary

Ealing Hospital, London

Consultant (General Pediatrics and Allergy)

December 2011 - July 2012

Northampton General Hospital, Northampton

Locum Consultant (General Pediatrics and Allergy)

June 2011

Imperial College London

Specialty Registrar and Allergy Fellow

September 2008 - September 2011

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Committees and Research

Chair, Medical Record and Information Subcommittee, National Guard Hospital (2014-2022).

Presentations and Awards

Regular national, regional and international speaker

Education and Certifications

General Medical Council (GMC), London

Member (CESR General Pediatrics) - 2012

Royal College of Paediatrics and Child Health, London

Doctor of Medicine (Pediatrics), MRCPCH - 2006

University College London, London

MSc Allergy - 2012-2015

Imperial College London -

MSc Mother and Child Health - 2000-2001

Ahfad University for Women, Sudan

Bachelor of Science (BSc) Medicine - MBBS (Distinction) – 1996

Publication

1. Eldegeir M, Ani C, McGregor S. The correlation between stress response in term babies with intrauterine growth restriction and adulthood disease theories. *Qatar Medical Journal*. 2023 Nov 26;2023(2):32. doi: 10.5339/qmj.2023.sqac.32. eCollection 2023.
2. Eldegeir M, Almarai N, et al. The combination of nasal steroids and anti-leukotrienes to reduce adenectomy in children with OSA and adenoid hypertrophy. *Qatar Medical Journal*. 2023 Nov 26;2023(2):31. doi: 10.5339/qmj.2023.sqac.31.
3. Adoption of a Personal Health Record in the Digital Age: Cross-Sectional Study. *Journal of Medical Internet Research*. 2020 Oct;22(10). doi: 10.2196/22913.
4. Economic analysis for early introduction of amino acid formula for the management of cow's milk protein allergy in the Gulf Co-operation Council (GCC) countries. *Journal of Pediatric Gastroenterology and Hepatology Nutrition*. 2020 Dec;23(Suppl 2).
5. Middle East Consensus Statement on the Prevention, Diagnosis, and Management of Cow's Milk Protein Allergy. *Pediatric Gastroenterology Hepatic Nutrition*. 2014 Jun;17(2):61-73.
6. Does the combination of Omalizumab and subcutaneous allergen immunotherapy (SCIT) have an add-on benefit to the efficacy and safety of allergen immunotherapy in asthma and allergic rhinitis? Systematic review. *Translation of Clinical Allergy*. 2016.

Other

Involved in raising bar for women and children globally, more focus on poor countries founder JACO (charity organization) 2018 played major role during pandemic

Reference upon request